



## LTBBL Game Uniform Rules

The Board Members of LTBBL have approved NBA style uniforms for the League players in the 3/4 and 5/6 Leagues. We hope this will improve the experience for all players and their families. As you are aware, LTBBL follows IHSAA rules and the uniform falls under this jurisdiction. LTBBL's policy is that uniforms are an important part of the team and the proper care and presentation by the athlete is important. Please read the modified rules below to understand the proper manner to wear the uniform.

1. The player may wear only LTBBL approved uniforms. No other NBA apparel will be permitted.
2. Individual players may wear white T-shirts (solid white with no letter or pictures) under the NBA jersey. Sleeveless T-shirts are acceptable **only if** the T-shirt is manufactured without sleeves. **No cut-off sleeves are allowed. Any player in violation of these rules must remove the shirt in violation or they will not play.**
3. No saggy shorts or shirt tails outside the shorts will be permitted. Referees will enforce proper wearing of the uniforms. **If necessary, the referee will ask a player to tuck a shirt or pull up his shorts and tie them and a warning issued to the coach. Any problems after the bench warning will bring a technical foul.**
4. **No player with earrings, beads in hair or jewelry will be allowed to play.** This is a safety issue and will be strictly enforced.
5. Medical ID bracelets or necklaces and religious medals are acceptable if approved by the League Commissioner prior to the first game. Per IHSAA rules, any accepted items must be taped to the players' body under his shirt during the games.
6. Sweat bands are permitted on the wrist, arms or head only. No sweat bands will be allowed on the legs and no other wristbands, rubber bands other items may be worn.